

BREAKFAST -
Available everyday

Cheese & Bacon Roll	\$1.30
Garlic Bread	.90c
HOT OVEN - Available everyday	
Nacho Dippers	\$3.50
Beef Lasagne	\$3.20
Macaroni & Cheese	\$3.20
Chicken Burger ** + lettuce & mayo	\$3.20
Noodles - Beef, Chicken, Oriental	\$2.70
Beef Pie	\$2.70
Sausage Roll	\$2.20
Chicken sticks ** (x4)	\$1.80
Chicken Wedges ** (x3)	\$1.80
Chicken & corn roll	\$1.80
Fish Fingers ** (x3)	\$1.80
Garlic Bread	.90c
Corn on the cob	.80c

** Halal product **

FRESH FROM THE GARDEN -
Available everyday

Garden Salad -	\$4.50
<small>Lettuce, tomato, cheese, carrot, cucumber, beetroot</small>	
With egg	\$5.00
With ham, chicken or Tuna	\$5.00
With meat & egg	\$5.50
Small Fresh Salad	\$3.00

EXTRAS

Tomato, BBQ sauce portion	.20c
French dressing portion	.20c

Lunch

SANDWICH BAR - Available everyday

Vegemite	\$1.70
Cheese	\$2.00
Baked Beans	\$2.00
Egg	\$2.10
Cheese & Vegemite	\$2.10
Cheese & Tomato	\$2.30
Egg & Lettuce	\$2.40
Tuna	\$2.50
Ham	\$2.50
Chicken	\$2.50
Chicken & Lettuce	\$2.80
Ham & Cheese	\$2.80
Ham, Cheese & Tomato	\$3.00
Chicken, Lettuce & Mayo	\$3.00
Tuna, Lettuce & Mayo	\$3.00
Salad	\$3.50
Buttered Roll only	\$1.00
Toasted - extra	.30c
On a roll or wrap	.30c
Extra filling	.30c
Extra meat filling	.50c

FRESH FRUIT

Apple Slinky	.80c
Fruit in Season	.80c
Slices of fruit - as available	.10c

COLD DRINKS & FROZEN TREATS -
Available everyday

Plain milk (300mls)	\$1.20
Flavoured milk (300mls)	\$1.50
Fruit juice popper (250mls)	\$1.20
Small Water	\$1.00
Large Water	\$1.50
Tub of yoghurt	\$1.50
LOL Sparkling Water	\$1.70
Icy fruit stick	.50c
Ice blocks/Ice creams - from	\$1.00
Blizzard - Frozen fruit juice	\$1.70

SNACKS

Small rice cracker	.10c
Bread sticks	.10c
Round Crackers	.30c
Pretzels or Rice snacks	.80c
Cookie	.80c
Chips / JJs - variety	\$1.00
Popcorn - variety	\$1.00

Lunch - 11.00am - 12.00pm

Recess - 1.40pm - 2.00pm

PLEASE NOTE -

The canteen cannot change large notes
Please try and have correct
money or small notes.

Carlton South Munch n Crunch

Monthly Special

Sushi Day \$3.00

Every 4th Wednesday of the Month

Choice of Vegetarian, Teriyaki Chicken,
Thai Beef or Tuna

Orders must be in **NO** later than the
Monday before

The School Canteen is operated by the
Carlton South Public School P&C
All proceeds assist Carlton South PS.



Menu

**Effective Term 1, 2010
Thursday 27 January 10**

Please help the canteen by having your
lunch order in by 8.55am.

Lunch orders not requiring change
can be left in the locked box outside
the canteen from 8am